



# MEJDI TOURS

## PACKING SUGGESTIONS

We recommend planning your travel wardrobe around casual, practical, and comfortable clothing. Items that can be layered will provide you with maximum comfort and flexibility.

There are two distinct seasons in Cuba. From November to April, the temperature averages around 75-80°F. From May to August, the average temperature is 85 - 90°F. The average temperatures in November and December range from 73°F – 81°F. There is also a rainy season from May to October. Travelers should be prepared for hot weather, with a chance of brief periods of rain. It is also recommended that travelers bring warmer layers for cooler days and proper rain protection. Comfortable shoes, appropriate for walking, are a must.

The following list of suggested items may be of use to you.

### **Clothing**

- ❑ Comfortable walking shoes with crepe or rubber soles
- ❑ Sandals with ankle straps
- ❑ Light rain jacket
- ❑ Lighter layers appropriate for warmer days
- ❑ Pants and warmer layers appropriate for cooler days/evenings
- ❑ At least one outfit appropriate for beach/water activities]
- ❑ At least one outfit appropriate for services and nights out
- ❑ Water shoes (depending on water activities you plan on participating in)
- ❑ Sun hat (recommended)
- ❑ Swimsuit
- ❑ Rain hat and/or travel umbrella (recommended)

### **Personal Items**

- ❑ Toiletries
- ❑ Moisturizing lotion and lip balm
- ❑ Pre-moistened towelettes or gel hand sanitizer
- ❑ Sunscreen and sunburn relief products
- ❑ Insect repellent and bite relief products
- ❑ A supply of prescription drugs, plus a copy of the prescription itself (using the generic name)
- ❑ Over-the-counter medicine for common ailments such as upset stomach or colds, including lozenges and tissues
- ❑ Minor first aid kit including analgesic, Band-Aids, and antibiotic ointment

## Miscellaneous

- ❑ Day pack
- ❑ Camera, memory cards, and extra camera batteries
- ❑ Reusable water bottle
- ❑ Travel alarm clock (battery operated)
- ❑ Extra pair of eyeglasses or contacts
- ❑ Contact lens case and cleaning solution
- ❑ Eyeglass repair kit
- ❑ Sunglasses
- ❑ Ear plugs for light sleepers
- ❑ Inflatable neck pillow
- ❑ Sleeping mask
- ❑ Liquid soap for hand laundry
- ❑ Sewing repair kit
- ❑ Phone card or SIM-ready cell phone
- ❑ Passport photocopies (and extra photos if available)—kept separate from the originals
- ❑ List of travelers' check numbers, credit card account numbers, and credit card phone numbers in case of loss
- ❑ Donations to the Jewish community in Cuba (suggestions of potential donations will be provided closer to your travel dates).
- ❑ Converters for electronics (not needed if your electronics support 220/230 volts—check your chargers to be sure)